

Tashi Delek Friends,

As you may know, His Holiness Penor Rinpoche's Holy Body ("Kudung") is now in Zangdokpalri Temple. Every day His Holiness Karma Kuchen Rinpoche leads the sangha of Tulkus, Khenpos, Lopons, Lamas, monks, and nuns in practices that include Shitro, or the Hundred Deities practice, among others.

They also are chanting two very special prayers that we want to provide for your personal practice.

Prayer for the Swift Rebirth of H.H. Penor Rinpoche
H.E. Dungse Thinley Norbu Rinpoche in his great compassion has given us two prayers for the Swift Rebirth of His Holiness Penor Rinpoche.

The first prayer is based on the one we recite as part of our Namcho Daily Practice. In the U.S. summer retreat practice book, this prayer is directed to the Second Drubwang Pema Norbu Rinpoche, Thubten Chokyi Langpo. This prayer is also recited as a Long Life prayer for His Holiness Penor Rinpoche. Dungse Rinpoche added two lines so it can be recited as a prayer for Swift Rebirth.

The second prayer is a longer version that Dungse Thinley Norbu Rinpoche wrote especially for us.

These prayers are now available on Palyul.org and we plan to update this page with an audio version to help with learning this prayer as soon as available.

The link is here:

http://www.palyul.org/eng_hh_swiftrebirth.htm

Commitment

Traditionally, local people at our monastery make a vow in the presence of the Kudung to accumulate a number of recitations of these prayers. You may also follow this practice and make your individual commitment by visualizing His Holiness and making the promise to complete a certain number of recitations.

Puja Schedule

The Pujas at Namdroling will continue for 49 days from the time of His Holiness' Mahaparanirvana, through to May 22 (not May 15 as previously posted).

About the Forty-Nine Days

I also want to clarify that practices performed during the Forty-Nine Days are not for His Holiness but for our own sake. Spending these seven weeks in intensive practice gives us the opportunity to purify our samaya, receive the lineage blessings, and so on. And on a relative level, this period of time gives us the opportunity to be together and to grieve. Even though we know His Holiness is "only changing clothes," until we have attained a level of realization we will continue to experience attachment and feel sorrow. Through our practice and going through this time together, I know we have all felt the strengthening of our connection with one another and with the heart essence of our precious teacher, His Holiness Penor Rinpoche.

Summer Retreat

We have been working with H.H. Karma Kuchen Rinpoche, H.E. Mugsang Kuchen Rinpoche and H.E. Khentrul Gyangkhang Rinpoche to update information for our Summer Retreat program in Upstate New York. We will send a revised flier out in the next six weeks, and any further updates will be posted on the website at: <http://retreat.palyul.org>
H.H. Karma Kuchen Rinpoche, H.E. Mugsang Kuchen Rinpoche, H.E. Khentrul Gyangkhang Rinpoche and I are thinking about and praying for you and all sentient beings.

With blessings,

Khenchen Tsewang Gyatso

Important Notes

Joining the Practice in Namdroling

If you would like to join the practice, it is possible to do so either from home or to come to Namdroling.

Although this could change, currently the local police are not enforcing the requirement for the "Protected Area Permit" out of respect for His Holiness. If this changes, you will simply be required to book a hotel room in one of the local towns.

While we cannot take reservations for accommodations by email, it would help us greatly to know in advance if you are coming, so please send your travel itinerary as soon as you have confirmed it. You can simply reply to this email with the itinerary information, and it will be forwarded to the office in Namdroling.

Webcast

We will attempt to webcast the 49th Day Ceremony. For your location, please check the following times:

Namdroling (Bangalore): May 22, 8 AM

Taiwan, Hong Kong, Singapore: May 22, 10:30 AM

London: May 22, 3:30 AM

New York: May 21, 10:30 PM

This webcast will appear here:

<http://www.palyul.org/broadcast.htm>

A handy time converter is at this website if your location isn't listed:

<http://www.timeanddate.com/worldclock/converter.html>